



LUNCH MENU

All prices are in US\$

SOUPS

Creamy Tomato Soup

Grandma's Recipe

8.50

Caribbean Seafood Soup

A must try!

11.95

SALADS

Caesar Salad

Romaine lettuce, croutons, Caesar dressing, Parmesan cheese

Add grilled chicken breast 5.25

Add seared shrimp 8.45

9.50

Caprese Salad

Sliced tomato, fresh mozzarella, arugula, fresh basil, olive oil, pesto, aged balsamic glaze

12.70

Tuna Tataky Salad

Sesame crusted sushi grade tuna, flash seared with hers, served on a green salad with peas, green asparagus dressed with wasabi mayogrette and soy syrup

14.95

Chef Salad

Tossed greens topped with tomato, cucumber, bacon, croutons, ham, cheese, boiled egg, and a 1000 island dressing

10.55

Matthew's Salad

Grilled chicken breast, Golden delicious apple, walnuts, mixed organic local lettuce, light curry dressing

13.95

WRAPS

Smoked Salmon or Chicken Caesar wrap

Fresh Romaine lettuce with grilled chicken, Parmesan cheese, croutons and Caesar dressing rolled in a soft flour tortilla

Chicken

10.55

Smoked salmon

12.75

French turkey wrap

Thin sliced turkey, lettuce, French brie cheese, apple and mustard dressing, rolled in a soft flour tortilla

10.55

*Government tax included
5% service charge will be added*



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QUESADILLAS - Served with tortilla chips and fresh Pico de Gallo

The Mexican Chicken Quesadilla 12.75

Flour tortilla stuffed with chicken, onion, bell pepper and cheddar cheese, served with Sour cream, guacamole and Pico de Gallo

The Mexican Virgin 8.50

Flour tortilla stuffed with onion, bell pepper and cheddar cheese, served with sour cream Guacamole and Pico de Gallo

MAINCOURSES

Lasagna Bolognese 17.95

Prepared with USDA ground beef, fresh tomato, basil and onions

Filet Grouper 27.95

Pan seared and served with rice, seasonal vegetables , creamy shrimp sauce

SPECIALTY SANDWICHES

Matthew's Sandwich 10.75

Sauteed chunks of chicken with bacon and pineapple, served on panini bread with paprika mayo dressing

Club Panini—Hot or Cold 10.75

Ham, roasted turkey, bacon, Swiss cheese, lettuce, tomato, onions, pickles and tarragon mayo

Pulled Sparerib Sandwich 10.75

BBQ pulled spare ribs meat with sautéed onion and side of cole slaw. Served on a bun

Ship's Mate 13.95

Lightly breaded filet of grouper carefully fried and served on a Italian garlic loaf bread with tartar dressing

Hamburger (USDA) 8oz 11.95

Beef burger with lettuce, tomato, onion, and pickles. Served with French Fries

Add: cheese 1.60 Fried onion 1.60

Bacon 3.70 Fried egg 1.60

Pineapple 1.60

"Greg's Steak Sandwich" 13.95

Chunks of sautéed Argentine beef tenderloin, sautéed onion, mushroom and bacon.

Served on a garlic loaf bread with homemade Ranch dressing

Government tax included
15% service charge will be added